

Meet Your Feelings

A little coloring. A little conversation.

A little time together

Meet a cheerful duck and a sad duck in one complete rhyme.

Ask: Which duck feels a little like you today?

What happened? What might help - a hug, quiet, or someone to listen?

Let your child answer in words, colors, or their own time.

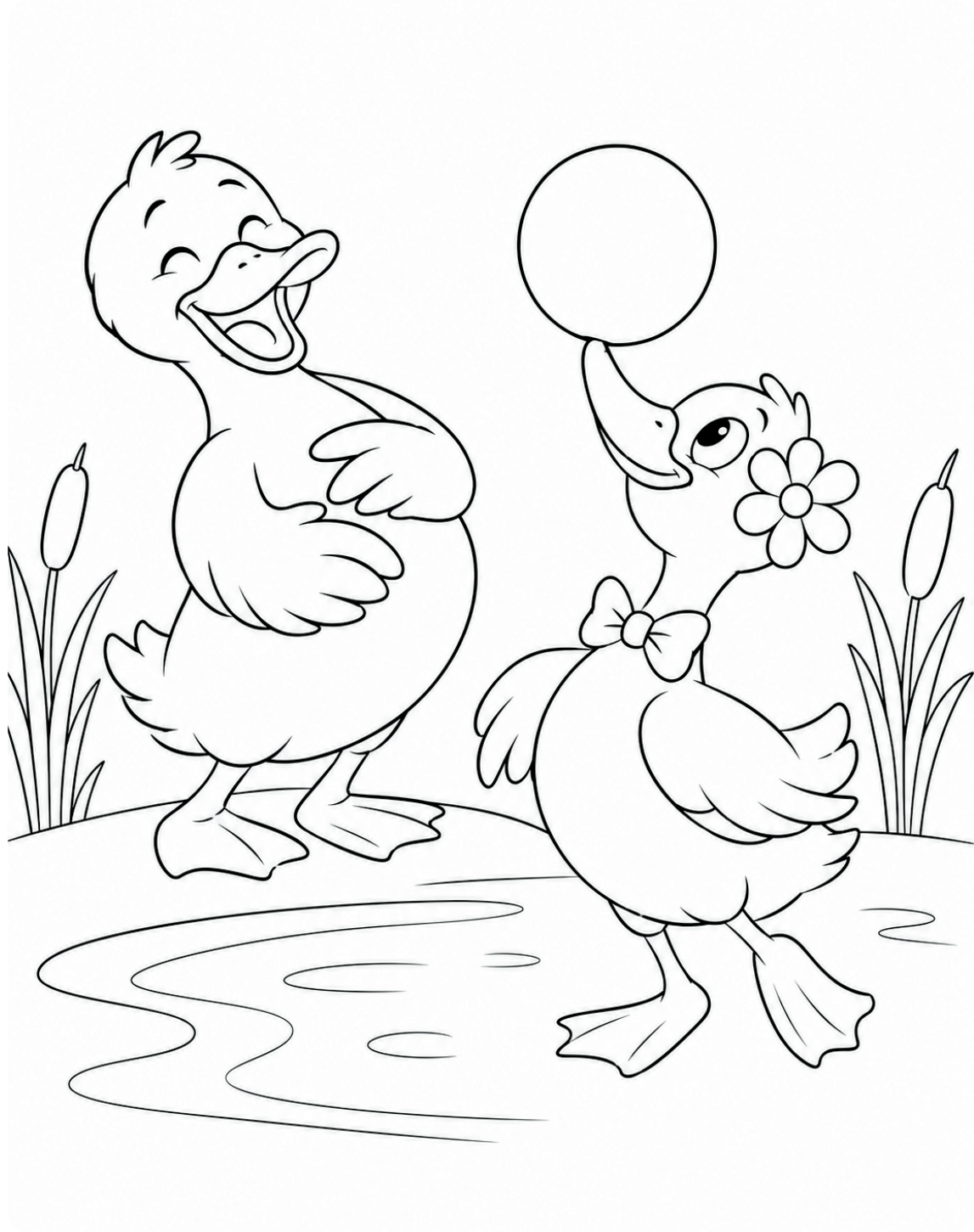
Inside this sample

A Flock of Feelings - 4 consecutive pages

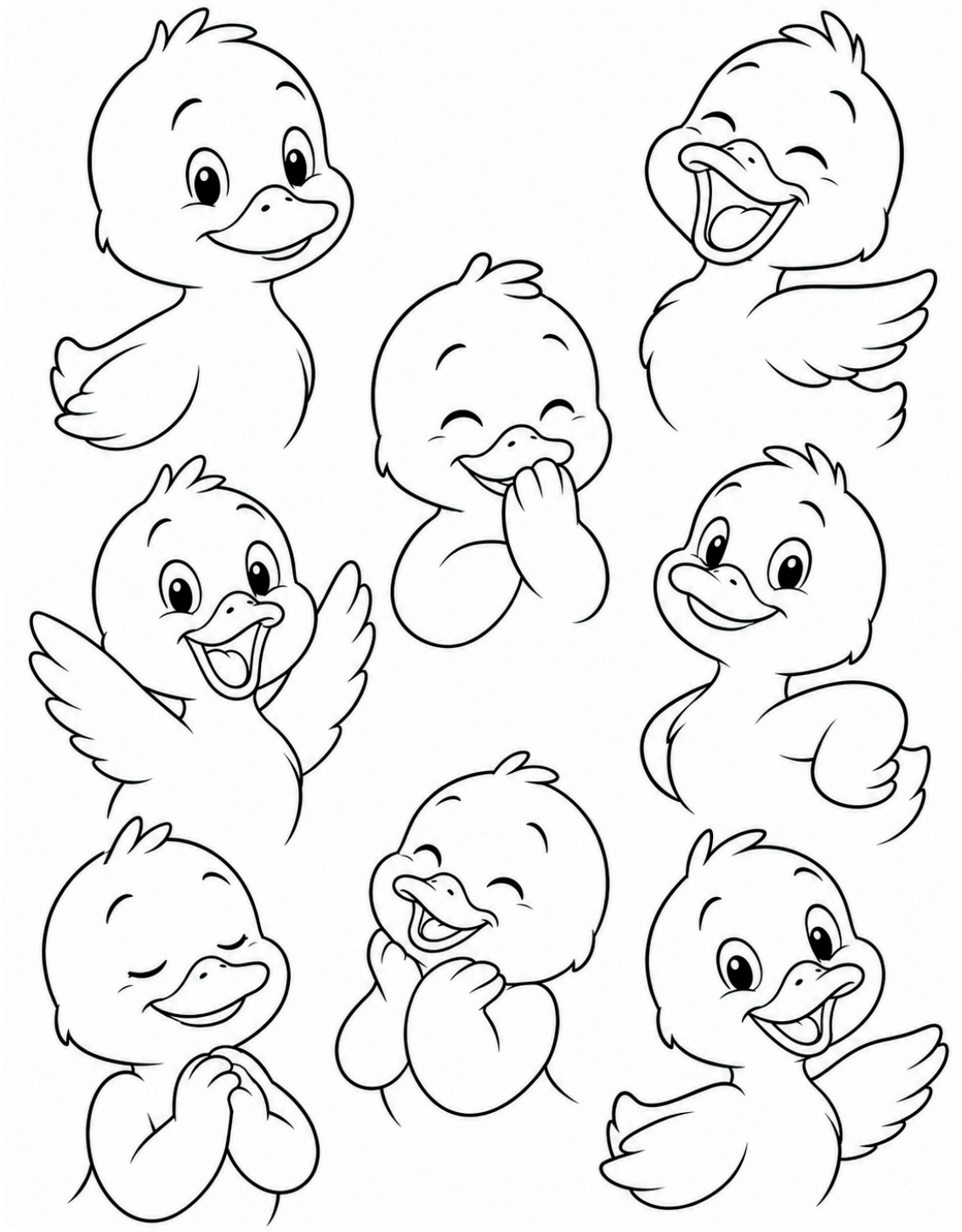
Read the pages in order, then color at your own pace.

Print at fit-to-page size. Crayons or colored pencils work well.

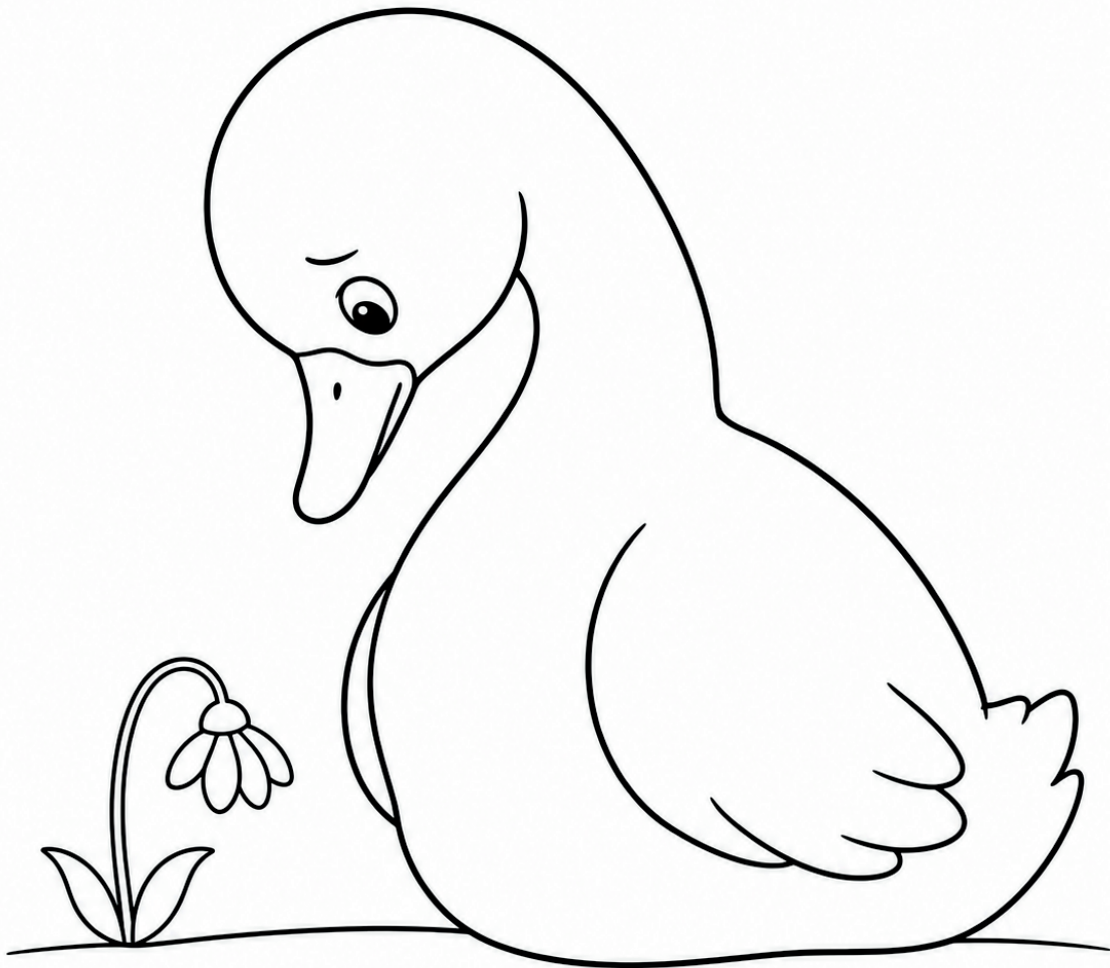
One duck giggles,



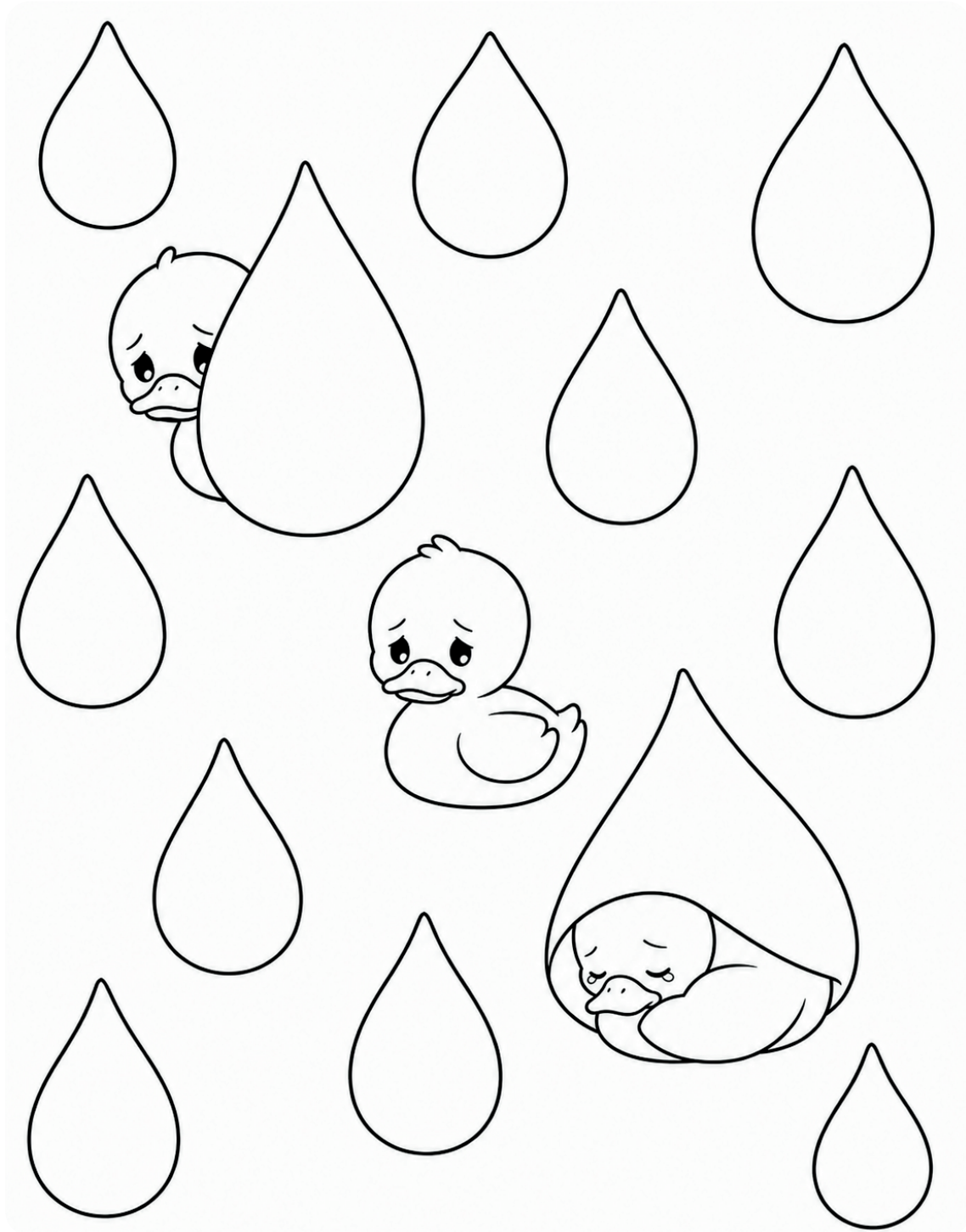
full of cheer.



One feels sad

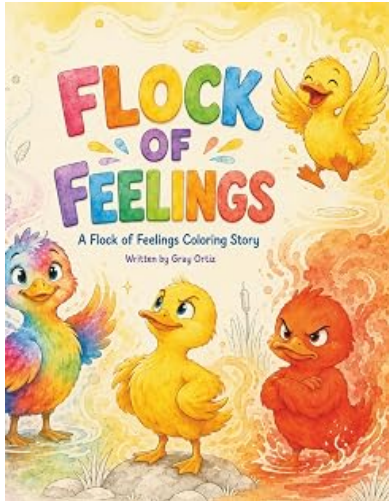


and sheds a tear.



YOUR NEXT LITTLE ADVENTURE

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